



Contact Us

If you would like to become an AONH Member, upgrade to the Elite Membership, or register for our Annual Natural Healthcare Conference, please email:

info@aonh.org or call
202-505-AONH (2664)

Upcoming Events

• AONH Monthly Webinar, Wed., Aug 22, 2018 at 8:00 pm EST.

AONH Members will receive an email invitation to join us for the AONH Monthly Webinar. The Speaker is **Dr. Keesha Ewers** (shown right), and the subject is **“Sexology Bootcamp.”** If you would like a visitor pass to check out the AONH Webinar please contact info@aonh.org

• AONH Annual Natural Health Conference, Fri-Sat, Nov 9-10, 2018

The AONH Annual Natural Health Conference joins healthcare advocates and providers for an enlightening program geared to the up-to-date natural health care practitioner. This year's theme is **“Maximizing ENERGY, VITALITY, STAMINA & CLARITY at any age.”** Location: Atlanta, Georgia

Registration: eventbrite.com >2018 Fall Event

• The NATALiA. Method of Emotional Releasing, Mon, Nov 12, 2018

Registration required. This is a certification course for the NATALiA. method of emotional release. For fee and class information, contact natalianannette@charter.net



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AONH NEWS



The Mission of Your Association

AONH is dedicated to public education and the professional development of natural healthcare around the world. Our aim is to unite our like-minded members and speak as one voice and with one purpose.

Getting Involved
Associate, Select, and Elite Memberships are available.

For further information on benefits you or your company are eligible to receive, please register for membership by visiting: www.aonh.org



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WHY SHOULD EVERY GOOD PRACTITIONER KNOW ABOUT BIOLOGICAL DENTISTRY? -by Stuart Nunnally, DDS

Frequently I am asked the question, *“What distinguishes a biological dentist from a traditional dentist?”* My reply begins most often with the statement that biological dentists are aware of the toxicities associated with dental materials and their impact on our systemic health. Biological dentists pay strict attention to using materials that compliment a patient's immune system.

The method for determining which dental materials are most biocompatible ranges from serum testing, to electrodermal testing, to muscle testing among others. Although serum testing may be considered a more objective testing method, the cost of approximately \$400 and the availability of the test may preclude its use.

When naturopathic physicians, MD's, and other healthcare providers refer patients to our clinic, the referring physician has typically introduced the patient to the need to remove toxic dental materials, also the need to address root canal treated teeth and infections in the jawbone which are



often referred to as cavitations.

Toxic Dental Materials

For over 100 years, mercury amalgam fillings have been a staple in the traditional dentist's repertoire of filling materials. Most lay people are shocked to find out that the dark fillings in their teeth contain 50% mercury. They are even more surprised to hear that mercury leaches from even the oldest of mercury amalgam fillings 24-hours a day for the life of the filling. Despite a myriad of peer reviewed



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HOW DO YOU JOIN THE AONH?

Act today!

Email us at info@aonh.org or call 202-505-AONH (2664) www.aonh.org

Your membership is yearly and entitles you to many benefits.

PRINCIPALS

Sam Abukittah Founder & President

James Hawver Co-Founder

WHY SHOULD YOU JOIN THE AONH TODAY?

Your membership fees will contribute to promoting natural health awareness, education, and research as well as aid in the legal establishment* of rights for natural health Practitioners in our amazing community. We extend University Students (with proper ID) a 30% discount on any of the following memberships.

ASSOCIATE MEMBERSHIP

\$49/YR.

SELECT MEMBERSHIP

\$199/YR.

ELITE/CHARTER MEMBERSHIP

\$399/YR.

For membership benefits, please visit our website: www.aonh.org

studies (see IAOMT.org library of mercury studies) which demonstrate the toxicity of dental mercury amalgam, the American Dental Association continues to defend its use. Nearly 50% of dentists in the United States continue to restore decayed teeth with mercury amalgam, a compound that contains the second most toxic element on the planet.

In response to the need for a technique that keeps the patient, dentist, and dental staff safe from mercury exposure during the removal of mercury amalgam fillings, the International Academy of Oral Medicine and Toxicity (IAOMT.org) has developed a protocol and certification process to insure safety. The Safe Mercury Amalgam Removal Technique (SMART) certified dentists are listed on the IAOMT website. Most often, the old mercury amalgam fillings are replaced with biocompatible composite resin or ceramic materials. Teeth that have been restored with properly placed composite resins or ceramics are similar to the strength, beauty, and function of a normal healthy tooth.

Root Canal Treated Teeth

Root canal treated teeth are by definition dead teeth. The root canal procedure removes the bulk of the nerve tissue and blood vessels which lie within the pulp chamber of a diseased tooth. The procedure is flawed in that the dentist is incapable of removing all of the diseased pulp tissue because within the tooth there exists a microscopic network of bacteria-laden tubules that are inaccessible to the dentist or endo-

dontist. Bacteria remaining in the dead root canal teeth are free to multiply and to pleomorph into pathogenic organisms that are among the most toxic anaerobes known to man. The dead tooth now serves as an unchecked incubator for pathogens that pose a continuous challenge to the patient's immune system.

Unfortunately, the only way to definitely rid the body of the infection is to remove the root canal treated tooth. Depending upon the location of the extraction, the tooth can be replaced with a removable or bonded bridge or a zirconia implant. Each type of replacement has its advantages and disadvantages that should be discussed between the patient and biological dentist.

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Cavitations

A cavitation is a stagnant, infected area within a bone that is filled with anaerobic bacteria and their toxins. Cavitations are most often referred to as jawbone osteonecrosis (JON) in the scientific literature. Although the jawbones are the most common bones to become necrotic, the hip is the next most common location. Cavitations in the jawbone occur most commonly at the site of a previous dental extraction, with the wisdom teeth extraction sites being the most prevalent. Some have theorized that cavitations develop due to a poor extraction technique in which the supporting periodontal ligament is not adequately removed at the time of the dental extraction. Others, including this author, suggest cavitations develop most often in the jawbones because the jawbones have a poor blood supply. The poor blood supply coupled with

the dental surgeon's use of epinephrine-containing local anesthetics lead to a surgical site devoid of a robust blood flow. No blood equals poor healing with the result being a cavitation.

Although numerous treatments for cavitation lesions have been suggested (eg. ozone therapy and laser therapy), the most predictable method for curing cavitation sites is the method described in the scientific literature for over 100 years. This method consists of surgically debriding the site and reestablishing a robust blood flow to the area. Anesthetics which are free of the vasoconstrictor, epinephrine, should be used rather than the traditional anesthetics which contain epinephrine. In recent years, grafting the surgical site with the patient's own platelets has also proved to enhance healing.

Whether a patient is seeing a biological dentist for the removal of toxic metals, the removal of root canal treated teeth, the treatment of cavitations, or a combination thereof, it is likely the dentist will

employ a list of non-conventional healing modalities as part of the treatment. The use of ozone therapy, intravenous Vitamin C therapy, platelet therapy, stem cell therapy, and homeopathy are all commonly used by well-trained biological dentists. The IAOMT website serves as a wealth of information for healthcare providers and lay people who wish to familiarize themselves with biological dentistry and for those who wish to find a biological dentist in their locale.

AUTHOR INFO: Dr. Stuart Nunnally maintains a thriving biological dental practice in his hometown of Marble Falls, Texas. He and his partners have treated patients from all 50 states and 46 countries. He has a Master's Degree in Nutrition, is a board certified Naturopathic Medical Doctor, and holds several fellowships. Dr. Nunnally serves on the teaching faculty of the American College of Integrative Medicine and Dentistry and the Academy of Comprehensive Integrative Medicine. He frequently lectures on all aspects of biological dentistry.

DR. NUNNALLY WILL BE SPEAKING AT AONH CONFERENCE, NOV 9-10

Doctor Nunnally's presentation will be: Robust health begins in the mouth: solving the dental dilemma?

If you would like to absorb more detailed information on this topic, as well as get to know Dr. Nunnally and other fantastic speakers at this year's conference, we welcome you to register today. These yearly "educational buffets" are for your benefit, but the only way to absorb this amazing information is by investing the time and money to be present. By attending, you are also helping to support the cause of keeping natural healthcare a viable option for all while also enabling natural health practitioners and their communities to keep thriving.

The program is packed with amazing speakers centering their subjects on "Maximizing ENERGY, VITALITY, STAMINA & CLARITY at any age!" Other new speakers we will welcome to the event are: Dr. Keesha Ewers (shown middle right) speaking on "Have you heard from your libido lately? Functional Sexology," Writer and Researcher, Edward Griffin (shown upper right), with "A world without cancer," Gilles A. LaMarche (shown bottom right), on "The 5 secrets to living life with vitality," Dr. Rodney Agan sharing "The office where everyone wants to work, and I want to lead," and Amy Biederwolf with "Reverse aging for the body & mind."

Additionally, you will enjoy three amazing panels on legal pitfalls, amino acids, and controlling weight. The doctors on these panels have years of integrative experience and will be sharing information that helps their patients. Finally, we will welcome returning speaker, John Easterling, on "Creating total system & neurotransmitter wellness for optimal anti-aging," and Dr. G. Howard on "Detecting cancer to eliminate cancer." Register at www.eventbrite.com>2018 Fall Event or visit www.aonh.org for more information. Please note: this is the 10th Anniversary of the AONH and a semi-formal GALA will be held Saturday night.

