

Instructions for Patients Receiving Sedation (Oral and IV)

1. Please do not eat any food or drink opaque liquids (for example: coffee with creamer, milk, orange juice) for at least **six** hours before your appointment. You may drink **clear** liquids (such as water and apple juice) up to two hours before the procedure.
2. Unless specified by your dentist, all prescription medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water within two hours of your appointment.
3. A responsible adult must be available to escort you home following the appointment.
4. A parent or legal guardian must accompany minors (persons under the age of 18 years of age).
5. For intravenous sedation, patients should wear clothing that is not restrictive to the arms or neck; a short sleeved shirt is best. We will keep you warm with blankets.
6. Following the sedation, patients should refrain from driving an automobile or engaging in any activity that requires alertness until the next day after surgery. Avoid all alcoholic beverages for 24 hours. A responsible adult must stay with the patient until alert or easily awakened.
7. Fingernail polish may have to be removed.

If you have any questions, concerns or special needs please call the office.

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