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## **Instructions for Patients Receiving Sedation (Oral & IV)**

1. Please do not eat any food or drink opaque liquids (for example: coffee with creamer, milk, orange juice) for at least **six** hours before your appointment. You may drink **clear** liquids (such as water and apple juice) up to two hours before the procedure.
2. Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water if within 2 hours of your appointment.
3. A responsible adult must be available to escort you home following the appointment.
4. A parent or legal guardian must accompany minors (persons under the age of 18 years of age).
5. For intravenous sedation, patients should wear clothing that is not restricting to the neck or arms; a short-sleeved shirt is best. We will keep you warm with blankets.
6. Please do not wear fingernail polish.
7. Following the sedation, patients should refrain from driving an automobile or engaging in any activity that requires alertness until the next day or until fully alert. Avoid alcoholic beverages for 24 hours. A responsible adult must stay with the patient until alert or easily awakened, if sleepy, preferably for the rest of the day.

Please contact Dr. Nunnally/Dr. Freeman if you have any questions, special requests or special needs, and we will make every effort to accommodate you. Daytime office phone: (830) 693-3646.

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